

BOYS TRACK

CIF prelims

At Mt. Carmel HS

100 -- 1. Joe Cooks (Mission Hills) 10.62, 2. Jamal Alston (Rancho Buena Vista) 10.67, 3. Maurice Patterson (Oceanside) 10.77, 4. Gary Lee (Hoover) 10.88, 5. Joe Branch (Mt. Carmel) 11.02, 6. Malik Jones (Helix) 11.06, 7. Christian Johnson (Horizon) 11.07, 8. Michael Craig (Escondido) 11.07, 9. Ricky Seale (Escondido) 11.09; 200 -- 1. Joe Cooks (Mission Hills) 21.51, 2. Maurice Patterson (Oceanside) 21.56, 3. Nico Reaves (Mount Miguel) 21.85, 4. Jamal Alston (Rancho Buena Vista) 22.05, 5. Luis Villavicencio (Point Loma) 22.09, 6. Christian Johnson (Horizon) 22.15, 7. Tony Hodges (Vista) 22.32, 8. Michael Craig (Escondido) 22.40, 9. Leslie Rogers (Point Loma) 22.42; 400 -- 1. Nico Reaves (Mount Miguel) 48.38, 2. Darrell Catchings (Escondido) 49.27, 3. Ryan Morgan (Ramona) 49.66, 4. Tony Hodges (Vista) 49.74, 5. Issac Cannon (Serra) 49.88, 6. Norman Cox (Southwest) 50.15, 7. Luis Villavicencio (Point Loma) 50.17, 8. Phillip Ost (Clairemont) 50.43, 9. Chris Phillips (Helix) 50.44; 800 -- 1. Austin Jett (Eastlake) 1:55.67, 2. Sean Lynum-Young (Escondido) 1:55.91, 3. Jaime Carrillo (Mission Hills) 1:56.37, 4. Mark Thomas (Poway) 1:56.88, 5. Ivan Dallet (Otay Ranch) 1:58.62, 6. Charles Jock (Mission Bay) 1:58.68, 7. Ralph Till (Mission Bay) 1:59.20, 8. Craig Love (Mt. Carmel) 1:59.33, 9. Dexter Wood (El Camino) 1:59.76; 1,600 -- Mac Fleet (University City) 4:16.87, 2. Austin Jett (Eastlake) 4:18.31, 3. Alex Guaderrama (Granite Hills) 4:20.48, 4. Bret Hasvold (Fallbrook) 4:21.15, 5. Ralph Till (Mission Bay) 4:24.63, 6. Collin Jarvis (Rancho Buena Vista) 4:25.29, 7. Bernardo Bahena (Clairemont) 4:25.63, 8. Gregor Lloyd-Smith (Torrey Pines) 4:25.66, 9. Kenneth Raedel (San Pasqual) 4:25.74; 3,200 -- 1. Eric Avila (Bonita Vista) 9:27.64, 2. Colin Jarvis (Rancho Buena Vista) 9:29.92, 3. Parker Stinson (Rancho Bernardo) 9:34.05, 4. Matthew Seat (Bonita Vista) 9:36.78, 5. Diego Vega (Orange Glen) 9:39.50, 6. Brandon Velasquez (Otay Ranch) 9:42.30, 7. Tony Bareno (Valhalla) 9:43.28; 110HH -- 1. Ronald Brookins (Helix) 14.67, 2. Marcus Vasquez (Otay Ranch) 14.84, 3. Patrick Brown (Serra) 15.13, 4. Ernest Walker (Carlsbad) 15.13, 5. Julian Balseio (Torrey Pines) 15.20, 6. Mark Novilla (Eastlake) 15.27, 7. Ahmed Abdi (Scripps Ranch) 15.27, 8. Ivory Herd (Rancho Buena Vista) 15.27, 9. Rane Woods (Otay Ranch) 15.29; 300IH -- 1. Bobby Workman (Mira Mesa) 39.33, 2. Max Bruner (Torrey Pines) 39.63, 3. Patrick Brown (Serra) 39.64, 4. Niko Salazar (Scripps Ranch) 39.96, 5. Ahmed Abdi (Scripps Ranch) 40.07, 6. Ivory Herd (Rancho Buena Vista) 40.24, 7. Edel Portela (Escondido) 40.65, 8. Bryant Stefan (Hilltop) 40.72, 9. Robert Navarro (University City) 40.95; 400 relay -- 1. Helix 42.40, 2. Escondido 42.35, 3. Hoover 43.09, 4. Oceanside 43.13, 5. Horizon 43.19, 6. Carlsbad 43.33, 7. El Camino 43.23, 8. University City 43.49, 9. Otay Ranch 43.55; 1,600 relay -- 1. Serra 3:23.74, 2. Escondido 3:23.92, 3. Mission Hills 3:24.32, 4. Helix 3:24.61, 5. Otay Ranch 3:25.40, 6. Fallbrook 3:25.92, 7. Mira Mesa 3:26.22, 8. Vista 3:26.43, 9. Scripps Ranch 3:26.55; High jump -- 1. Tynan Murray (Poway) 6-5, 2. Nelson Rosario (El Camino) 6-5, 3. Andrius Mikutis (Christian) 6-4 1/4, 4. Richard LaFleur (Escondido) 6-4, 5. Danny Scherer (Ramona) 6-3, 6. Marcus Vasquez (Otay Ranch) 6-3, 7. Royce Pollard (University City) 6-2, 8. Rob Perry (Otay Ranch) 6-2; Long jump -- 1. Nelson Rosario (El Camino) 24-6 1/2, 2. Gary Lee (Hoover) 24-4, 3. Darrell Catchings (Escondido) 22-9, 4. Zach McMaster (Mission Hills) 22-7 1/2, 5. Rane Woods (Otay Ranch) 22-2, 6. Darryl Williams (Escondido) 21-10 1/2, 7. Chris Chism (Oceanside) 21-2 1/2, 8. Alante Womack (San Diego) 20-8, 9. Tynan Murray (Poway) 20-7 1/2; Triple jump -- 1. Nelson Rosario (El Camino) 48-5 1/4, 2. Gary Lee (Hoover) 46-10, 3. Darryl Williams (Escondido) 44-4 1/2, 4. Mike Lakis (Grossmont) 44-4, 5. Pedro Campos (University City) 44-4, 6. Ashton Gamat (Mt. Carmel) 44-3 3/4, 7. Kevin Jenkins (Granite Hills) 44-2 1/2, 8. Deontray Johnson (Hoover) 44-1 1/2, 9. Alante Womack (San Diego) 43-5 1/2; Pole vault -- 1. Thanh Ly (Granite Hills) 14-0, 2. Griffin Simmons (Vista) 13-8, 3. Danny Hogan (University City) 13-8, 4. Nate Will (Rancho Bernardo) 13-4, 5. Caleb Montcalvo (Escondido) 13-4, 6. Will Sommervell (Rancho Bernardo) 13-4, 7. Steven

McLennen (San Pasqual) 13-4, 8. Mike Gaarde (La Costa Canyon) 13-4, Tony Gross (Vista)

13-4; Shot put -- 1. Chris Boniwell (Rancho Bernardo) 56-1, 2. Winston Wilkinson (Rancho Bernardo) 54-2, 3. Mark Weber (El Camino) 51-8 1/2, 4. Nick Mohadjer (El Camino) 48-4, 5. Ali McTar (Otay Ranch) 48-3, 6. Blake Asbill (Carlsbad) 47-11, 7. Ian Resor (La Costa Canyon) 47-2, 8. Jacob Loeh (Westview) 46-5 1/2, 9. Nathan Chandler (Mira Mesa) 45-6 1/2; Discus -- 1. Byron Jemison (Carlsbad) 167-6, 2. Chris Boniwell (Rancho Bernardo) 166-6, 3. Kellen Dion (Steele Canyon) 162-10, 4. Richard La Fleur (Escondido) 162-4, 5. Lane Thompson (Helix) 159-10, 6. David Spates (Monte Vista) 159-4, 7. Winston Wilkinson (Rancho Bernardo) 158-9, 8. Nathan Chandler (Mira Mesa) 157-11, 9. Nic Mohadjer (El Camino) 158-7.

GIRLS TRACK

CIF Prelims

At Mt. Carmel HS

100 -- 1. Tenille Stoudemire (Rancho Bernardo) 12.20, 2. Chalores Dudley (Orange Glen) 12.33, 3. Jenna Puterbaugh (Santa Fe Christian) 12.35, 4. Mandy Ross (Christian) 12.35, 5. Corina Hecker (Carlsbad) 12.35, 6. Crystal Spears (Scripps Ranch) 12.36, 7. Sarah Player (Coronado) 12.37, 8. Brooke Gamble (Poway) 12.40, 9. Tori Taijeron (Granite Hills) 12.463; 200 -- 1. Vanessa Houston (Hoover) 24.88, 2. Tenille Stoudemire (Rancho Bernardo) 24.90, 3. Crystal Spears (Scripps Ranch) 25.37, 4. Jenna Puterbaugh (Santa Fe Christian) 25.43, 5. Chantell Clark (Poway) 25.55, 6. Alissa Sanchez (Cathedral Catholic) 25.61, 7. Chalores Dudley (Orange Glen) 25.63, 8. Wisdom Hodges (Oceanside) 25.73, 9. Corina Hecker (Carlsbad) 25.79; 400 -- 1. Vanessa Houston (Hoover) 57.33, 2. Ashlin Yahr (Torrey Pines) 57.41, 3. Rhonniesha Simpson (Serra) 58.43, 4. Mandy Ross (Christian) 58.52, 5. Alex Webber (Poway) 58.87, 6. Deyna Roberson (Kearny) 58.91, 7. Melissa Neri (Valley Center) 59.01, 8. Nicole Aurigemma (Carlsbad) 59.39, Romaine Desclos (University City) 59.48; 800 -- 1. Sarah Vitug (University City)

2:16.16, 2. Amanda Moore (Torrey Pines) 2:16.93, 3. Michelle Cruz (Vista) 2:17.57, 4. Elizabeth Apgar (Chula Vista Calvary Christian) 2:18.06, 6. Tess Plant-Thomas (La Jolla) 2:18.07, 7. Erin Gillingham (Torrey Pines) 2:19.12, 8. Stephanie Consiglio (El Camino) 2:19.82, Andrea Jacobs (Vista) 2:19.85; 1,600 -- 1. Bre Schofield (Carlsbad) 5:00.51, 2. Erin Gillingham (Torrey Pines) 5:04.44, 3. Sammy Silva (Our Lady Peace) 5:07.33, 4. Katy Andrews (La Costa Canyon) 5:07.33, 5. Nihal Kayali (La Jolla) 5:07.41, 6. Sheree Shea (University City) 5:08.75, 7. Heather Zytkevicz (Rancho Buena Vista) 5:09.02, 8. Savannah Vasquez (Mission Hills) 5:10.40, 9. Michelle Cruz (Vista) 5:11.53; 3,200 -- 1. Katy Andrews (La Costa Canyon) 11:06.96, 2. Megan Morgan (Torrey Pines) 11:13.90, 3. Heather Zytkevicz (Rancho Buena Vista) 11:16.82, 4. Sammy Silva (Our Lady Peace) 11:23.84, 5. Caroline Draper (Rancho Bernardo) 11:25.61, 6. Courtney Clark (La Costa Canyon) 11:28.06, 7. Lauren Pischel (La Jolla Country Day) 11:30.44, 8. Jessica Sandoval (Oceanside) 11:32.04, 9. Ana Prim (Torrey Pines) 11:32.64; 100IH --

1. Cori Franklin (Morse) 15.86, 2. Danielle Littleton (Vista) 15.95, 4. Tori Anderson (Point Loma) 16.00, 4. Shacoya Payne (Eastlake) 16.14, 5. Brittany Allen (Rancho Buena Vista) 16.18, 6. Kiswana Williams (Otay Ranch) 16.24, 7. Lauren Kennedy (Cathedral Catholic) 16.25, 8. Cateline Meager (San Pasqual) 16.26, 9. Sabrina Nealy (Rancho Bernardo) 16.27; 300IH -- 1. Tara Cooper (Helix) 45.52, 2. Caitlin Meagher (San Pasqual) 45.90, 3. Annette Delarosa (Eastlake) 46.36, 4. Debra Black (Oceanside) 46.39, 5. Sabrina Nealy (Rancho Bernardo) 46.89, 6. Sarah Player (Coronado) 46.90, 7. Susi Blaseio (Torrey Pines) 46.98, 8. Romaine Desclos (University City) 47.26, 9. Tori Anderson (Point Loma) 47.28; 400 relay -- 1. Oceanside 48.97, 2. Rancho Bernardo 49.04, 3. Carlsbad 49.04, 4. Poway 49.11, 5. Scripps Ranch 49.23, 6. Escondido 49.55, 7. University City 49.67, 8. Mira Mesa 49.80, 9. Rancho Buena Vista 50.07; 1,600 relay -- 1. Scripps Ranch 4:00.35, 2. University City 4:00.40, 3. Vista 4:00.83, 4. Torrey Pines 4:00.98, 5. Carlsbad 4:03.70, 6. Rancho Bernardo 4:06.13, 7. Eastlake 4:07.11, 8. San

Pasqual 4:07.34, 9. Poway 4:07.69; High jump -- 1. Whitney Sisler (La Costa Canyon) 5-8, 2. Tori Anderson (Point Loma) 5-5, 3. Melody Criswell (Christian) 5-4, 4. Sara Macey (Vista) 5-4, 5. Ashlin Yahr (Torrey Pines) 5-3, 6. Alekz Reyes (Calvin Christian) 5-3, 7. Jackie Thornton (Granite Hills) 5-3, 8. Kelsie Dickerson (Poway) 5-2, 9. Sarah Player (Coronado) 5-2; Long jump -- 1. Thoraya Moronesy (Helix) 18-0 1/4, 2. Tayler Williams (Escondido) 17-5 1/4, 3. Britney Bennett (Otay Ranch) 17-4, 4. Nicole Cardon (Madison) 17-3 1/2, 5. Alex Pankey (Mission Hills) 16-11 3/4, 6. Wisdom Hodges (Oceanside) 16-11, 7. Amber Browner (San Diego) 16-8 1/2, 8. Erin Langford (Carlsbad) 16-8, 9. Alyssia Veiga (Sweetwater) 16-7; Triple jump -- 1. Tayler Williams (Escondido) 38-4 1/2, 2. Thoraya Moronesy (Helix) 37-10 1/2, 3. Amber Browner (San Diego) 37-6 1/2, 4. Erin Langford (Carlsbad) 37-1, 5. Kathleeen Roehrkasse (Bishop's) 35-5, 6. Rejuanette Adley (Scripps Ranch) 35-4, 7. Nicole Cardon (Madison) 35-2, 8. Nikki Reddick (Oceanside) 35-1, 9. Chantel Gary (Oceanside) 35-1; Pole vault -- 1. Emily

Mattoon (Rancho Bernardo) 11-0, 2. Dana Hoolko (La Jolla) 11-0, 3. Mary Kaneshiro (Rancho Bernardo) 10-8, 4. Bre Evans (Poway) 10-4, 5. Kortney Ross (Westview) 10-0, 6. Kim Stamos (Escondido) 10-0, 7. Danielle Eckert (Coronado) 10-0, 8. Lauren Christensen (La Jolla) 10-0, 9. Lexi Tammer (Valley Center) 10-0; Shot put -- 1. Brandy Dyer (Vista) 40-3 3/4, 2. Brook Edney (Central Union) 39-8 1/2, 3. Tasse Fesuiai (Vista) 38-11, 4. Kiara Sherman (Escondido) 38-11, 5. Amanda Phelps (El Camino) 38-6 1/2, 6. Emily Aragon (Escondido) 37-11 3/4, 7. Paula Saavedra (Granite Hills) 35-3 1/2, 8. Valerie Logel (El Capitan) 35-11 1/4, 9. Elizabeth Caldwell (Helix) 35-1 3/4; Discus -- 1. Brandy Dyer (Vista) 131-6, 2. Valerie Logel (El Capitan) 117-3, 3. Te'ahnalin Harris (Kearny) 117-1, 4. Ashley Rogers (Kearny) 116-3, 5. Kiara Sherman (Escondido) 115-6, 6. Paula Saavedra (Granite Hills) 114-1, 7. Alofa Laie (Oceanside) 11-5, 8. Courtney Goodson (Cathedral Catholic) 110-8, 9. Amanda Young (Julian) 108-8.