

## BOYS TRACK

### Bronco Invitational

#### At Rancho Bernardo HS

(Results from invitational heats)

100 ---- 1. Chris Daniels (Serra) 11.43, 2. John Apollo (Paloma Valley) 11.71, 3. Bradley Carter (Granite Hills) 11.77, 4. De Andrae Woods (Steele Canyon) 11.83, 5. Antoine King (Chaparral) 11.98; 400 ---- 1. Daniel Thomas (Cathedral Catholic) 48.8, 2. Tony Hodges (Vista) 49.2, 3. Issac Cannon (Serra) 51.2, 4. Conor O'Brien (Torrey Pines) 51.2, 5. David Klarer (Steele Canyon) 52.8, 6. Arjun Gyanendra (Mt. Carmel) 53.1; 800 ---- 1. Ryan Martin (Santa Margarita) 1:57.47, 2. Jon Telles (Santa Margarita) 1:58.88, 3. Craig Love (Mt. Carmel) 2:00.99, 4. Nicholas Lake (Scripps Ranch) 2:03.03, 5. Todd Van Duzer (Fallbrook) 2:03.43, 6. Patrick Daniels (Paloma Valley) 2:03.99; 1,600 ---- Bret Hasvold (Fallbrook) 4:24.35, 2. Travis Kuhlman (Westview) 4:28.71, 3. Dean Manley (Ramona) 4:29.20, 4. Gregor Lloyd-Smith (Torrey Pines) 4:31.32, 5. Drew Flood (Rancho Bernardo) 4:34.11, 6. Jon Patino (Mira Mesa) 4:35.89; 3,200 ---- Bareno (Valhalla) 9:41.88, 2. Guaderrana (Granite Hills) 9:45.22, 3. Sherrod (Ramona) 9:49.03, 4. Hirshdeock (Santa Margarita) 9:49.91, 5. Van Dyke (Vista) 9:52.74; 6. Randoette (Valhalla) 9:52.74 ; 110HH ---- 1. Mike Powers (Chaparral) 14.7, 2. Max Bruner (Torrey Pines) 15.3, 3. Ahmed Abdi (Scripps Ranch) 15.4, 4. Anthony Jereza (Mira Mesa) 15.6, 5. Soha Jafarzade (Rancho Bernardo) 15.9, 6. (tie) Steven Ayers (Ramona), Ashton Gamat (Mt. Carmel) 16.0; 300IH ---- Invitational results unavailable; 400 relay ---- 1. Carlsbad 43.95, 2. Serra 44.15, 3. Vista 44.36, 4. Granite Hills 44.64, 5. Mira Mesa 44.69, 6. Steele Canyon 44.77; 1,600 relay ---- Santa Margarita 3:27.93, 2. San Pasqual 3:29.48, 3. Cathedral Catholic 3:30.72, 4. Vista 3:31.33, 5. Mira Mesa 3:22.22, 6. Fallbrook 3:32.52; High jump ---- 1. Tynan Murray (Poway) 6-2, 2. Daniel Scherer (Ramona) 6-2, 3. Brian Wilson (Mission Hills) 6-0, 4. Lee Gill (St. Augustine) 5-10; Long jump ---- 1. Gary Lee (Hoover) 23-3 1/2, 2. Kyle Brown (Coronado) 22-7, 3. Zach McMaster (Mission Hills) 21-9, 4. Daniel Thomas (Cathedral Catholic) 21-3/4; Triple jump ---- 1. Kyle Brown (Coronado) 45-5, 2. Kevin Jenkins (Granite Hills) 45-2 1/4, 3. Gary Lee (Hoover) 44-4, 4. Devon Akpom (Mt. Carmel) 44-2 1/2, 5. Darryl Williams (Escondido) 43-8, 6. Michael Lakis (Grossmont) 43-3 1/2; Pole vault ---- 1. Griffin Simmons (Vista) 15-1, 2. Will Nathan (Rancho Bernardo) 14-7, 3. Thanh Ly (Granite Hills) 13-7, 4. Aaron Aguinaldo (Vista) 13-7, 5. Justin Maney (Santa Margarita) 13-1, 6. Tyler Darlington (El Capitan) 12-1; Shot put ---- 1. David Spates (Monte Vista) 52-7 1/2, 2. Chris Boniwell (Rancho Bernardo) 51-9 1/2, 3. Tommie Draheim (El Capitan) 49-4 1/2, 4. Winston Wilkinson (Rancho Bernardo) 49-0 1/2, 5. Byron Jemison (Carlsbad) 48-8, 6. Jacob Loeh (Westview) 46-10; Discus ---- 1. Byron Jemison (Carlsbad) 165-6, 2. David Spates (Monte Vista) 162-8, 3. Jason Jackson (Granite Hills) 144-7 1/2, 4. Ray Lian (Fallbrook) 139-3, 5. Ryan Pearl (Steele Canyon) 138-11, 6. Cody Lynn (Paloma Valley) 138-7.

## GIRLS TRACK

### Bronco Invitational

#### At Rancho Bernardo HS

(Results from invitational heats)

100 ---- Vanessa Houston (Hoover) 12.63, 2. Elena Jefferson (Vista) 13.13; 400 ---- 1. Vanessa Houston (Hoover) 56.96, 2. Tenille Stoudenmire (Rancho Bernardo) 57.74; (other medalists unavailable); 800 ---- 1. Erin Gillingham (Torrey Pines) 2:18.92, 2. Krista Egense (Rancho Bernardo) 2:23.13, 3. Ashley Kyle (Scripps Ranch) 2:26.02, 4. Lindsey Drake (Cathedral Catholic) 2:30.90, 5. Isabel Batiz (Vista) 2:34.86, 6. Aubreyan Hutchison (Steele Canyon) 2:36.79; 1,600 ---- 1. Katy Andrews (La Costa Canyon) 5:09.51, 2. Amanda Moore (Torrey Pines) 5:14.28, 3. Nicole Aurigemma (Carlsbad) 5:14.87, 4. Megan Morgan (Torrey Pines) 5:19.38, 5. Emily Osga (Henry) 5:20.27, 6. Vianna Hochstrasser (Chaparral) 5:19.50; 3,200 ---- 1. Caroline Draper (Rancho Bernardo) 11:26.75, 2. Kirsten Moore (Carlsbad) 11:34.49, 3. Ana Prim (Torrey Pines) 11:48.09, 4. Stephanie Cook (El Capitan) 11:47.60, 5. Jessie Bodenhamer (Torrey Pines) 11:48.09, 6. Joanna Wheaton (Poway) 11:48.91; 100LH ---- 1. Sabrina Nealy (Rancho Bernardo) 15.7, 2. (tie) Misha Zeineddine (Rancho Bernardo) 15.9, Danielle Littleton (Vista) 15.9, 4. Tiffany Williams (Paloma Valley) 16.9, 5. Margaret Powell (Henry) 18.0, 6. Danielle Willis-Thompson (Paloma Valley) 18.3; 300LH ---- 1. Sabrina Nealy (Rancho Bernardo) 48.39, 2. Sarah Player (Coronado) 49.36, 3. Stephanie Rodriguez (Vista) 49.59, 4. Amanda Olah (Granite Hills) 50.42, 5. Maria Tesmer (Rancho Bernardo) 51.68, 6. Brittany Idrizaj (Scripps Ranch) 55.59; 400 relay ---- 1. Rancho Bernardo 49.96, 2. Mira Mesa 52.04, 3. Westview 52.10, 4. San Diego 52.25, 5. Carlsbad 50.52, 6. Paloma Valley 51.83; 1,600 relay ---- 1. Torrey Pines 4:09.05, 2. Carlsbad 4:11.43, 3. Vista 4:12.92, 4. Cathedral Catholic 4:14.40, 5. Rancho Bernardo 4:15.61, 6. Monte Vista 4:20.18; High jump ---- 1. Sarah Player (Coronado) 5-4, 2. Sara Macey (Vista) 5-2, 3. Ariel Toomey (La Costa Canyon) 5-0, 4. Laurel Vozley (Grossmont) 5-0, 5. (tie) Colleen Gallagher (Cathedral Catholic, Jennifer Vaupel (Granite Hills) 4-10; Long jump ---- 1. Kelsie Brooks (Rancho Bernardo) 17-0 1/2, 2. Alex Pankey (Mission Hills) 16-5 3/4, 3. Elena Jefferson (Vista) 16-5 3/4, 4. Jasmine Seymour (Paloma Valley) 15-8 1/2, 5. Juliet Nebolon (Torrey Pines) 15-5, 6. Merideth Daly (San Pasqual) 15-4 1/2; Triple jump ---- 1. Emily Nash (Christian Life Academy) 34-11, 2. Jasmine Seymour (Paloma Valley) 34-10 1/2, 3. Alex Pankey (Mission Hills) 33-11, 4. Rejuanette Adley (Scripps Ranch) 33-10 1/2, 5. Kelsie Brooks (Rancho Bernardo) 33-3 3/4, 6. Juliet Nebolon (Torrey Pines) 31-3 1/2; Pole vault ---- 1. Emily Mattoon (Rancho Bernardo) 11-7, 2. (tie) Danielle Eckert (Coronado), Kaila Anderson (La Costa Canyon) 10-1, 4. Breanne Evans (Poway) 9-1, 5. Nancy Ngo (Poway) 9-1, 6. Kylie Bakalyar (Rancho Bernardo) 8-1; Shot put ---- results unavailable; Discus ---- 1. Jessica Bonner (Chaparral) 142-2, 2. Brandy Dyer (Vista) 141-5 1/2, 3. Valerie Logel (El Capitan) 125-9 1/2, 4. Paula Saavedra (Granite Hills) 101-2 1/2, 5. Brandi Draheim (El Capitan) 96-1, 6. Chanelle Walsh (Rancho Bernardo) 94-6.